



MARKET MIND GAMES Live

Skills Aiming For

- Greater ability to tell the difference between true intuition and irrelevant impulse
- Reduced acting-out of irrelevant feelings such as FOMO, hesitancy, need to be right
- Wherewithal to avoid your 'dumbest' trades
- Nuanced self-understanding that can be leveraged in markets *and* with family and friends
- The ability to get bigger in your best trades

Students Walk Away With

- A personal confidence matrix that you can use to make better market decisions
- The specific steps to increase your ability to navigate your own risk psychology
- Ideas on how to feel physically better (as a basis for better decision making)
- A more effective set of goals, objectives, strategies and tactics
- Connections with other traders/investors on the same sophisticated journey

Broad Outline

- What really is the market?
- What really is the game of one human versus the market?
- What the neuroscience gives us in terms of new strategies for the mental game.
- What is intuition really?
- What do the bottom 25% of your decisions do to you?
- How does anyone's life story influence their risk perception? How does yours?
- A more effective philosophy of fear, frustration and disappointment.
- How to effectively use language (and it's not what you have been told 1000 times.)
- Improving the physical-health basis of trading – breath, sleep, microbiome, blood sugar, fascia.
- How to effectively design your goals, objectives, strategies and tactics.

[Remit Tuition Here](#) or Write us at Think@TheReThinkGroup.net if you have questions.